

The monthly newsletter from *your* charity

NewstrAid - the charity *for* people from the UK news trade, supported *by* people in the UK news trade.



Merry Christmas
&
A Happy New Year
From
All of us

For most of us, Christmas is a time to celebrate and spend time with family and friends. However, not everybody is happy during the festive season, so let us spare a thought for those colleagues who find the Christmas period a difficult time; they may be lonely, in poor health, or missing loved ones.

Each Christmas, many look forward to time off from work. I ask that we think of those who work over the festive season. For many retailers, it's business as usual and some even stay open on Christmas Day, to serve those that need last minute supplies. Our thoughts are also with the delivery drivers, who will drive through the night to ensure newspapers will reach us on Boxing Day. Wherever you are, whatever your doing, a Happy Christmas to you all.

Alex van Straubenzee
Chief Executive Officer



Recent Events

Carol Concert, St Bride's Church

Our Christmas Carol Concert was again organised by Lynne and Brian Braithwaite. Held at the magnificent St Bride's Church, the wonderful choir of 12 professional singers (4 sopranos, 2 altos, 3 tenors and 3 basses) performed a programme of Christmas carols and anthems. The concert was a lovely way to start the festive season and was a great time to get together and have a glass of wine or two with tasty homemade sausage rolls and mince pies made by Lynne. The Carol Concert has already been booked for next year and we look forward to seeing you at our evening of music and readings on 5th December 2011.



Key Group Karting

On November 11th Chris Beardow again organised the Key Group Karting at Streatham Raceway, which is a very popular event and was again sold out this year. The competition was not for the faint hearted as 16 teams raced around the track determined to win! Thankfully there weren't any injuries, only wounded pride! Pizzas were given out to keep up everyone's energy, as there was no time to relax during the two hour race! Simon Prodger, Chairman of NewstrAid, presented H Bauer Publishing, the winning team, with the trophy and their medals.



H Bauer

Telegraph

News International



Paul Roberts, Telegraph and Phil Melling, H Bauer

Thank You To Our Key Group

Next year will start with a change as a new Key Group team take over from our original members who, for the past six years, have raised a lot of money through their varied events. Those events being : pub quiz and karaoke nights, five aside football tournaments, wine tasting evenings and go karting competitions which have also introduced a host of new people to the news trade's own charity and eagerly attended by people from across the trade. We would like say a big thank you to the key group team and a welcome to the new key group.

Thank you to:

Daniel Scott
Odin Madsen
Christopher Beardow
Matt Pryce
Mike Williams
Amy Scott
Elizabeth Newman
Ioan Moon

Welcome to:

Jenna Spearing
Lauren Bale
Jo Argyle
Louise Banham
Dave Shedden
Paul Harben
Andy Stevens
Frank Tickner
Ed Hutchinson



Festive Cheer From ACE!

NewstrAid's ACE Children's Fund was a whopping £17,579 better off after the wonderful people of ACE not only donated the entire proceeds of their annual Christmas Lunch raffle, which came to £7,579, but also handed NewstrAid's CEO, Alex van Straubenzee, a cheque for £10,000 !

ACE Chairman Sharon Douglas, with her successor Darren Barker made the presentation at the legendary Christmas Lunch at the Grosvenor Hotel on December 1st. NewstrAid helps a great many families with children and the £17,579 will enable us to do even more for them in the future. Thank you ACE – you're ACE!





Look what we found in a dusty cupboard!

Christmas Recipes from Old Ben Homes (Seaford) in the 1980's

Easy Fruit Cake

You Will Need:

4 oz soft margarine
4 oz caster or demerara sugar
6 oz self raising flour
Pinch salt
4 oz fruit
2 large eggs
2 tablespoons milk
Small teaspoon spice
Vanilla essence to flavour
6 inch cake tin

Brush tin with melted fat and line base with circle of greaseproof paper.
Brush lining paper.
Put all ingredients into large bowl and beat together for 1 minute.
Turn the mixture into cake tin and hollow out centre.
Bake on centre shelf of oven at gas mark 5 or 375 degrees for about 50 minutes.
Leave to cool on wire tray then remove greaseproof paper.

By Mary Mugridge

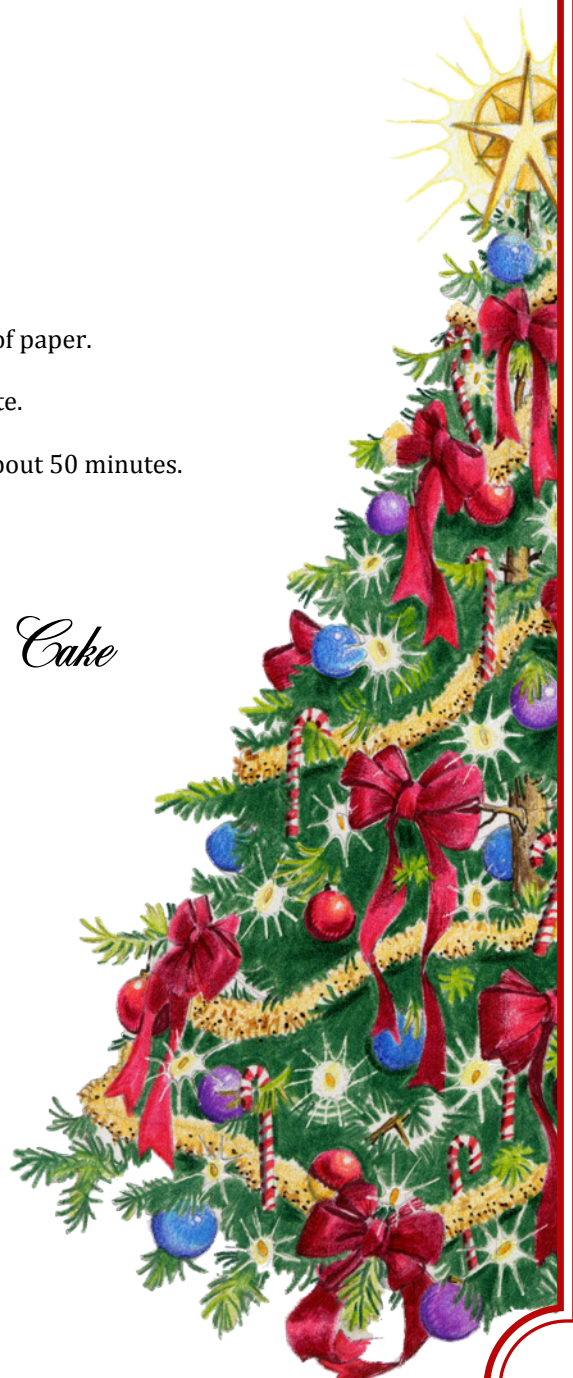
Boiled Fruit Cake

Boil together for 10 minutes:

1 lb mixed dried fruit
6 oz granulated sugar,
2-3 teaspoon mixed spice
8 oz margarine
8 fl oz water
1 teaspoon bicarbonate of soda
Allow to cool (not cold) then add:
5 oz plain flour
5 oz self raising flour
2 eggs

Mix together put into an 8 inch cake tin. Decorate top with chopped nuts and bake at gas mark 3 or 325 degrees for 1 ½ to 2 hours on 4th shelf from top.

By Elsie Rogers





Event Dates for 2011

ALL DATES SUBJECT TO CONFIRMATION

Key Group Wine Tasting, Blue Fin Building	February, TBC
Big Curry Night	March, TBC
Puzzler Media Quiz Night	14th April
NewstrAid AGM	28th April
Gala Dinner and Ball	13th May
Old Ben Sponsored Walk	22nd June
ACE/Old Ben Sea Fishing Festival	13th July
NewstrAid Golf Day	8th September
Summer Draw- Great Dunmow	15th September
Big Curry Night	September, TBC
Lingfield Park Race Day	12th October
Carol Concert - St Bride's, London	5th December

Key Group - further event dates to be confirmed

Can You Help?

How can you help us help others

- Attend one of our events
- Join one of our Area Committees
- Become one of our volunteer almoners
- Sponsor us

Visit our video on Youtube to learn more about us and who we help.
Just type in NewstrAid in the Youtube search.

Raising sponsorship? Thinking of making a donation? You can now use Virgin Money Giving to make a tax efficient donation or raise sponsorship for NewstrAid. Please go to Virgin Money Giving/NewstrAid.



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If you have any comments or queries please contact Louise@newstraid.org.uk

The NewstrAid office will be closed from
midday 24th December 2010 to 3rd January 2011.

*Thank You To All
Our Supporters*



*We Look Forward To
Seeing You
In The New Year*

NewstrAid
The helping hand of the Newstrade
OLD ▲ BEN