

**DO YOU WORK IN
THE DISTRIBUTION
OR SALE OF
NEWSPAPERS AND
MAGAZINES IN
THE UK?**

**ARE YOU
EXPERIENCING
HARDSHIP?
NEWSTRAID
COULD HELP!**



IN-WORK

SUPPORT SCHEME

Our In-Work Support Scheme offers a wide range of help and support for people in work who are going through a difficult time.

For example, applicants may have encountered: an unexpected family expense, ill health, redundancy, family breakdown or bereavement.

HOW WE HELP

We offer both financial assistance and general welfare support to people working in the news trade.



ONE-OFF WELFARE GRANTS*

Available to address specific needs for those who have encountered unexpected hardship. Funding may be approved to help meet essential living costs, replace essential household appliances or disability equipment.



ANXIETY SUPPORT - FREE HELPLINE 0800 138 6552

Our Anxiety Support Helpline is available, free of charge, to anyone who is struggling to cope with day to day stress and is worried about their mental health. This service is run in partnership with Anxiety UK. Funding for therapy is available for those with more complex needs, but applicants must be willing to disclose financial details to apply.



STATE BENEFIT ADVICE SERVICE

Open to all - anyone can call NewstrAid and ask for advice about state benefits. Our welfare team is trained to advise on all benefits and this includes working age schemes as well as benefits for those facing retirement. We can also advise those who work part time due to caring for children or elderly relatives.



DEBT ADVICE - CONFIDENTIAL HELPLINE 0800 987 5685

NewstrAid provides a dedicated Debt Advice Helpline, which is open to everyone with a news trade connection. We work in partnership with the Debt Advice Foundation to help people who are worried about loans, credit and debt. A personalised household budget can also be arranged to help people meet repayments and live within their means. We do not clear personal debt but funding may be available for debt solutions put forward by professional advisors.



INFORMATION & SIGNPOSTING

In cases where we cannot help directly, every effort will be made to refer people on to relevant organisations who can offer support.



HOME VISITING SERVICE

Home visits are available to those who wish to discuss their situation away from the workplace. Our team of volunteers are happy to visit and offer personal one-to-one support.

NewstrAid
The helping hand of the Newstrade
OLD BEN

If you or a colleague would like more information about what support is available, please contact the welfare team on **0800 917 8616** or email **oldben@newstraid.org.uk**

www.newstraid.org.uk

*NB Those applying for financial support must have worked in the industry for a minimum of 2 years and will be subject to a means assessment.