

# In-work Support Scheme

Are you  
experiencing  
hardship?  
NewstrAid  
could help!

Do you work in the  
distribution or  
sale of newspapers  
and magazines in  
the UK?



Our In-Work Support Scheme offers a wide range of help and support for people in work who are going through a difficult time.

For example, applicants may have encountered: an **unexpected family expense**, **ill health**, **redundancy**, **family breakdown** or **bereavement**.

# How we help

We offer both financial assistance and general welfare support to people working in the news trade.

## ONE-OFF WELFARE GRANTS\*

Available to address specific needs for those who have encountered unexpected hardship. Funding may be approved to help meet essential living costs, replace essential household appliances or disability equipment.

## FREE WELLBEING HELPLINE: 0808 196 2016 & ONLINE PORTAL

Our Wellbeing Suite is available to anyone who is struggling to cope with day to day stress and worried about their mental health. The Suite includes a confidential helpline which is **free to call** and manned 24/7 by clinically trained counsellors who can help with a wide range of issues. In addition there is an online portal providing access to 200+ hours of mental health & lifestyle e-learning. Visit the emotional support pages of the NewstrAid website for more information.

## STATE BENEFIT ADVICE SERVICE

Open to all - anyone can call NewstrAid and ask for advice about state benefits. Our welfare team is trained to advise on all benefits and this includes working age schemes as well as benefits for those facing retirement. We can also advise those who work part time due to caring for children or elderly relatives.

## DEBT ADVICE - CONFIDENTIAL HELPLINE 0800 987 5685

NewstrAid provides a dedicated Debt Advice Helpline, which is open to everyone with a news trade connection. We work in partnership with the Debt Advice Foundation to help people who are worried about loans, credit and debt. A personalised household budget can also be arranged to help people meet repayments and live within their means. We do not clear personal debt but funding may be available for debt solutions put forward by professional advisors.

## INFORMATION & SIGNPOSTING

In cases where we cannot help directly, every effort will be made to refer people on to relevant organisations who can offer support.

## HOME VISITING SERVICE

Home visits are available to those who wish to discuss their situation away from the workplace. Our team of volunteers are happy to visit and offer personal one-to-one support.

\*NB Those applying for financial support must have worked in the industry for a minimum of 2 years and will be subject to a means assessment.

Wellbeing Suite supported by Hearst UK in memory of Terry Mansfield.

**NewstrAid**  **OLDBEN**  
The helping hand of the Newstrade

If you or a colleague would like more information:

**Freephone 0800 917 8616**

[www.newstraid.org.uk](http://www.newstraid.org.uk) | [oldben@newstraid.org.uk](mailto:oldben@newstraid.org.uk)

